

sharecare

Sharecare is our wellness program administered by Highmark, available to 1) all teaching elders (including those not on our medical plan) and 2) all employees and spouses enrolled in any of our Medical plans. Sharecare provides you with a wealth of personalized guidance to help you live a healthier lifestyle by eating right, exercising, getting the right amount of sleep, reducing stress, and more. Complete the Sharecare rewards program for 2020 and you can earn a \$75 gift card!

- 1) To register and get started, go to mycare.sharecare.com
- 2) Follow the prompts to set up a new account
- 3) Enter your information exactly as it appears on your Highmark member ID card
- 4) If you are a Teaching Elder not enrolled in our medical plan, and have not yet received a Wellness Card with a member ID, please reach out to our benefits team at Benefits@epc.org or 407-930-4492.

It's never too late to sign up and get started toward a healthier 2020 and earning your reward today!



98point6

With so much information in the news about COVID-19 testing, many of us are wondering where and how to begin and whether testing is necessary or beneficial. Learn more [here](#) about the different types of testing available through 98point6.

Have you signed up for 98point6? Follow [this link](#) for instructions on how to get started!

Fidelity Resource Center

- ◆ Check out Fidelity's [CARES Act Resource Center](#) to help you effectively manage your money and retirement savings, the Fidelity participant resource centers are frequently updated with new materials and on-demand webinars.
- ◆ Every Wednesday— To help you navigate through these unusual market conditions, Fidelity's leaders have come together for a webcast series called, Market Insights: New Developments, What to Consider, and Top Questions Answered. Each week, in under 20 minutes they'll cover the latest market happenings, actions you might consider, and answers to common questions. Sign in to your Fidelity account [here](#) to view the latest.