

For Your Benefit...

February 1, 2021

EPC Benefit ResourcesQuick Reference List

Enrollment & Billing

EPC Administration Office 877-578-8707

epc@cdsadmin.com

Medical Inquiries

Highmark BCBS 866-472-0928 www.highmarkbcbs.com

Prescription Drug

Express Scripts 800-987-5246 www.express-scripts.com

Dental Benefits

Delta Dental 800-521-2651 www.deltadentalins.com

Vision Benefits

NVA 800-672-7723 www.e-nva.com

Life, AD&D & LTD

Hartford Insurance 1-800-523-2233 www.thehartford.com

Retirement/Other Ing.

EPC Benefit Resources 407-930-4492 benefits@epc.org As we begin the 2021 new year, EPC Benefit Resource's would like to give a big welcome to our new plan participants and to let you know we are excited to serve our EPC pastors and staff. One of our goals is to encourage and educate our plan participants regarding their physical, spiritual, and financial well-being. We aspire to provide resources to better manage your health conditions, make preventative care a habit, and to improve your overall health.

CAN YOU RELATE?

- → The vast majority of U.S. men do not seek care right away when they are concerned about their health, sick or in pain
- → Roughly 20% of women have postponed preventive care, skipped recommended tests or treatments or made medication trade-offs because of cost
- → Nearly 1 in 4 women report not obtaining necessary care because they didn't have time and because they couldn't take time off work
- → In general, men wait a few days or a weeks to see if they feel better and about 3 in 10 push it as long as possible before reaching out for help

Don't you wish you could instantly have an audience with a primary care physician to address your concern? And at no cost? YOU CAN! If you are enrolled in any EPC health benefit you are already enrolled in 98point6 virtual visit primary care. Open the app, click start visit and your appointment begins anytime and as often as you need it 24/7. It's that simple. Click this link to learn more.

NO MORE EXCUSES!

EPC Retirement Plan Monthly Workshop

WHEN: Tuesday, February 16 at 12:00 PM ET

TOPIC: Get Started and Save for the Future

- Understanding your retirement plan
- Estimate how much to save for retirement
- Learn ways to save more
- Recognize the benefits of increasing your contributions

Click <u>here</u> to reserve your spot!



Remember a partial list of local vision care providers came in your Vision ID Card Packet, if you don't see yours listed then you can find more here or contact NVA and they will contact and recruit your vision provider.

ADMINISTRATOR CORNER

→ If you are still mailing retirement contribution checks remember to include your contribution form with your payment. Mail both to:

EPC Retirement Dept. 2023 P.O. Box 30516 Lansing, MI 48909

- → When an employee completes their online enrollment in our 403(b)(9) plan, they will receive an email confirmation from Fidelity. Please ensure:
 - 1. The employee forwards you their email Confirmation from Fidelity
 - 2. You forward the email confirmation to benefits@epc.org